

Longridge Canoe Club Hasler

Sunday 29th August 2010 River Thames, Longridge, Quarry Wood Road, Marlow, SL7 1RE

An invitation to the last Hasler Race of the season, Longridge Canoe Club's Bank Holiday Hasler. The course will be the same as the 2009 Nationals, a lap based course between Longridge and Bourne End.

Singles Division	Doubles Division	Distance	Portages
1, 2	3	12	2
4, 5, 6	4, 5, 6	8	1
7, 8, 9	7, 8, 9	4	0
Lightning U10, U12	Mini K2 U10, U12	2	0

The rules are as per BCU rules for racing. Paddlers must prove comprehensive BCU membership or membership of their club's registered youth section. Paddlers in division 7, 8 and 9 may only purchase one day ticket per season. Please see full rules below.

http://www.marathon-canoeing.org.uk/~marathon/marathon/media/marathon_rules_2010.pdf

pre entry fee for entries received by mid day on Friday 27 August.	late entry fee for entries received after mid day on Friday 27 August
Payment OK on race day with no penalty provided entries received by text, email or online form. Pre paid entries receive race numbers and avoid check in queues.	
Over 18 £7 per seat Under 18 £5 per seat Mini* £2 per seat	£9.50 per seat £7.50 per seat £2.50 per seat

* Mini includes Lightnings, Mini K1 and Mini K2

Cheques payable to 'Longridge Canoe Club' or upload HRM and pay online

<https://gonepaddling.wufoo.com/forms/longridge-hasler-29-august-2010/>

7 to 9 and Mini*	
0830	Check in
1000	Briefing
1030	Start
1 to 6	
1100	Check in
1200	Briefing
1230	Start

Light refreshments provided for competitors. Other food will be available for sale.

Please email an HRM file for bulk club entries to oli@barnicoat.net or online.

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By post to Race entries, Oliver Barnicoat, Fish Hill Farm, Willcote Road, North Leigh, Oxon, OX29 6WT

By text to Oliver Barnicoat 07836 259 510 (Please include Name, BCU number and ranking)