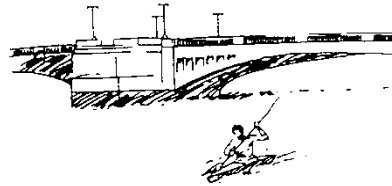


Reading Canoe Club

The Warren, Caversham, Berkshire, RG4 7TH
Telephone: 0118 947 7643



Reading K1 & K4 5K race Saturday 23rd July 2010

VENUE: Reading Canoe club, The Warren, Caversham, Reading, RG4 7TH

Please park with care in the Warren.

Categories: K1 senior men, senior women, junior men, junior women, veteran men and veteran women.
K4 will be mixed teams, we will make up the teams, so that each K4 has approximately the same total marathon ranking.

ENTRY FEES **Seniors £5.00, juniors £3.00 per seat, one fee for 2 races.**

Valid BCU membership required by all paddlers.

Not a member? BCU Day Ticket available at £3 for Non Members.

U18 Paddlers who are members of a BCU affiliated club youth section do not require individual membership unless ranked above Div 6.

Late entries will be charged an extra £3.00 per seat

Rules

Racing is held under the rules and regulations of the British Canoe Union (BCU), Marathon Racing Committee. Rules can be found in the racing handbook 2011 under marathon racing rules page (F16).

TIMES	12:00hrs	Check-in
	12:30hrs	Briefing
	13:00	Starts K1
	14:30	Starts K4

ENTRIES TO:

Reading 5K Race Organiser
C/o Reading Canoe Club
The Warren
Caversham
Reading
RG4 7TH

Or email entry to info@reading-canoe.org.uk

Cheques made payable to Reading Canoe Club

Please enclose a SAE for results

Results will be posted on our web site at: www.reading-canoe.org.uk

